

"Good Eating" by Matt Gaffney

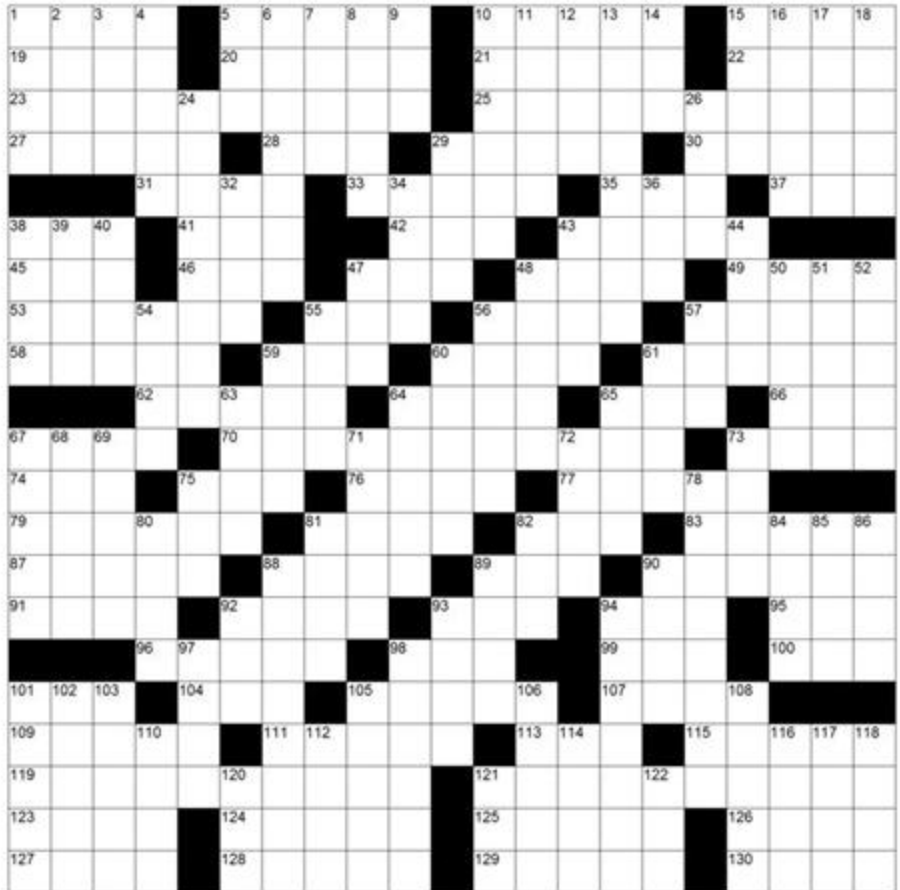
ACROSS

1. Greek cheese
5. Make a goal
10. Ten-speeds, for example
15. Mail initials
19. "American ____"
20. Beeped
21. Hit the delete key
22. Trick
23. Those who've been treated for cancer should eat lots of dark green ones
25. Fruit that's a source of 70-across
27. Grandson of Adam
28. Place to crash
29. Healthy drink
30. Concern
31. Video game name
33. Humiliation
35. Valuable deposit
37. Fitting
38. Broiling food can decrease the amount of ____ in your meals
41. Yank on
42. "____ Got a Secret"
43. Alkylating ____, cancer drug that directly damages DNA to prevent cancer cells from reproducing
45. Cancer arises from a change in ____ single cell
46. Deli bread
47. One factor that can increase the risk of getting breast cancer
48. Talking TV horse
49. Norway's capital
53. Womb
55. Wood used to make baseball bats
56. Chow ____ (Chinese dish)
57. Following
58. Send in, as a payment
59. Sleepytime garments
60. ____ precedent
61. Citrus ____ like oranges contain vitamin C, an antioxidant which is thought to enhance the immune system
62. "Gone With the Wind" surname
64. Sky twinkler
65. It's "the word," sometimes
66. Self-importance
67. "____ tell me!"
70. These act as antioxidants and have strong cancer-fighting properties
73. "The Heat ____" (1985 hit)
74. "Dear Yoko" subject
75. Source of 44-down
76. Frost or Pound

77. Opinions
79. Those who have been treated for cancer should eat not only dark green but also deep ____ vegetables
81. Run of the ____ (average)
82. Casual
83. Famed fable-teller
87. Language of Caesar
88. Not yours
89. Mafia chief
90. Tire grooves
91. Kind of school: abbr.
92. Stubborn animal
93. Violinist's need
94. Pep
95. Fleur-de-____ (symbol of France)
96. Rapid
98. Not many
99. Christmas or New Year's
100. Powerful explosive
101. "Tic ____ Dough"
104. Grain in some cereals
105. Kidney and lima
107. Pop
109. Hi in Hawaii
111. Put on TV
113. Corporations: abbr.
115. Grammarian's concern
119. When ____ cancer is detected early, the five-year survival rate is 90%
121. ____ are rich in vitamin C, one which is thought by some to enhance the immune system by stimulating white blood cells and anticancer agents
123. Have the info
124. Take the beard off
125. Counting everyone
126. Sicilian volcano
127. Desires
128. "Lord of the Rings" director Jackson
129. Part of a shampoo process
130. Phrase of denial

DOWN

1. Those who have been treated for cancer should eat at least ____ servings of fruits and vegetables every day
2. Biblical garden locale
3. Not for here, as a food order
4. Baldwin and Guinness
5. Health resort
6. Kale relative
7. Gawk
8. Marsh growths
9. Bradley and Begley
10. Turned into
11. More than mad
12. "Citizen ____"



13. Promotes the growth of 2 out of 3 breast cancers
14. Caribbean or Mediterranean
15. Spooky sky sights
16. "The March King"
17. Internet ad
18. Dangerous weather
24. What really happened
26. Claim on a house
29. Greet without words
32. Fellas
34. People who've been treated for cancer may want to eat plenty of ____-fiber foods, such as whole grain breads and cereals
36. Wine choice
38. Bridge group
39. Poker money
40. Overflow
43. Song song solo
44. High-protein Asian food
47. Donkey
48. Subway, in Paris or Washington
50. Pig homes
51. Release
52. 12-down director Welles
54. Civil disturbance
55. Slightly open
56. Intended

57. A CVC (central venous catheter) can be placed in this limb
59. Engage in a spiritual act
60. "____ Magnolias"
61. Meld together
63. "Don't have ____, man!" (Bart Simpson catchphrase)
64. Took inventory?
65. 1509, in Roman numerals
67. Sherlock Holmes creator
68. Shaquille or Ryan
69. "The Prince of Tides" actor Nick
71. Give a view
72. Common Russian man's name
73. "Understood"
75. Certain offspring
78. Got ready for action
80. Out on a ____ (taking risks)
81. People who've been treated for cancer may want to choose low-fat dairy products, such as ____
82. Beneath expectations
84. After cancer treatment people should avoid ____-cured foods
85. Norse god

86. "Hey, you!"
88. Upper lip growth
89. Not up
90. Replay option
92. Hamm or Farrow
93. Sweat amount
94. Cancer cells need to grow blood ____ to survive, just like other cells
97. Lion's sound
98. Trial balloon
101. Gauche
102. By oneself
103. :
105. Courageous
106. Video store section
108. Colorado resort
110. "____ it going?"
112. "Let's just leave ____ that"
114. ____ even keel
116. Kind of voice
117. Chap
118. Actor Morales
120. Eerie ability
121. "____ favor"
122. Brew